

# *full filled.*

BY ANNA SCHÜRRLÉ



join the  
family for a  
12-month trail

150+ Delicious  
plant-based  
recipes



Weekly updates with new, healthy recipes created with love by Anna.

Find your favourite recipes that are easy to cook, explained in simple steps.



Get inspired by the variety of curated recipe bundles.



Filter by your preferences and categories.



Easily switch between serving sizes and check the nutritional values.



# Simple cooking

Growing up, I was surrounded by nature and fresh, homegrown food. Cooking was more than just a task; it was a way to connect with and celebrate the earth's gifts. For me, cooking and eating are acts of self-care, a way to nourish myself and those I love. In today's busy world, we often eat without thinking, losing touch with the quality and origins of our food.

**fullfilled.** is here to help us reconnect—with the joy of cooking, the freshness of our food, and the art of preparing it. It's full of inspiration and ideas to make cooking and eating a meaningful part of our lives again.

Yours, Anna

Discover a variety of recipes designed to bring you closer to nature, helping you embrace natural ingredients and wholesome flavors. Dive in and transform your connection with food!

Join the family with the code:  
**GETFULLILLED**

First year free, then automatic renewal.  
Redeemable until: 31.12.2024



Create your personal shopping list and plan your meals with our weekly planner.

Discover Anna's health and beauty hacks.

The app is available for just 2.99€ per month or 29.99€ per year.

Go to the app

