



SS/24

Membership

BODYFWRD

MEMBERSHIP

Body Fwrd is an online membership crafted by Kenzie Burke to elevate your well-being. Here, you'll discover a holistic approach to health and vitality through a curated blend of meditation and movement classes, plant-based recipes with a focus on food combining, and Kenzie's signature cleanses and programs. Dive into classical Pilates and more, all designed to help you live a powerful, confident, and transformative life. At Body Fwrd, Kenzie is dedicated to guiding you to eat, breathe, and move FWRD.

Use the code: **SIX_MONTH_MEMBERSHIP** to sign up for your **FREE** six month membership! Join now at www.bodyfwr.com